

BOROUGH OF MANVILLE

MENTAL HEALTH AWARENESS MONTH 2021 PROCLAMATION



WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, mental illness can affect anyone and can develop at any time. Debilitating illnesses such as depression, anxiety, post traumatic stress disorder and bi polar disorder can strain every part of a person's life; and

WHEREAS, even though help is out there, less than half of children and adults with diagnosable mental health problems receive treatment. During National Mental Health Awareness Month, we shine a light on these issues, stand with men, women, and children in need, and strengthen our efforts to address mental health problems in New Jersey; and

WHEREAS, as a community, it is up to all of us to know the signs of mental health issues and lend a hand to those who are struggling. Shame and stigma too often leave people feeling like there is no place to turn. The theme for 2022 is **Together for Mental Health**. Mental Health is an incredibly important part of overall health and with a growing number of Americans experiencing mental health symptoms, we need to join together to advocate for improving our nation's mental health care system, regardless of their personal situation.

NOW, THEREFORE, I, Richard M. Onderko, Mayor of the Borough of Manville, County of Somerset, State of New Jersey do hereby proclaim May 2022 as National Mental Health Awareness Month. I call upon citizens, government agencies, organizations, and health care providers to raise mental health awareness and continue helping Americans live longer, healthier lives.

Borough of Manville

A handwritten signature in cursive script that reads "Richard M. Onderko".

Richard M. Onderko, Mayor

Councilman Branden Agans
Council President Joseph A. Lukac, III
Councilwoman Barbara Madak

Councilwoman Suzanne Maeder
Councilman Ted Petrock
Councilman Stephen Szabo

Read into Record: May 23, 2022