



**Therapeutic Recreation  
2024 Fall Programs  
Ages 18+**

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*Somerset County  
Park Commission*

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**908-526-5650**

**[www.somersetcountyparks.org](http://www.somersetcountyparks.org)**

Please call if you would like to be removed from our list



# Therapeutic Recreation Department

P.O. Box 5327, North Branch, NJ 08876 v Tel. 908 526-5650; Fax 908 429-5508  
TTY users, please use the Relay Service @ 711 ❖ www.somersetcountyparks.org

Gwen Leubner, Program Coordinator  
Lisa Kazman, Program Coordinator

## Office Hours:

Monday through Friday 8:00am to 4:30pm  
2024 Fall Programs ages 15 and older

**Therapeutic Recreation (TR) is a cooperative effort between the Somerset County Park Commission and the following participating municipalities:**

<b>Bedminster</b>	<b>Manville</b>
<b>Bernards Township</b>	<b>Montgomery</b>
<b>Bernardsville</b>	<b>North Plainfield</b>
<b>Bound Brook</b>	<b>Raritan</b>
<b>Branchburg</b>	<b>Somerville</b>
<b>Bridgewater</b>	<b>South Bound Brook</b>
<b>Green Brook</b>	<b>Warren</b>
<b>Hillsborough</b>	<b>Watchung</b>

**The department provides year round recreation programs to individuals with developmental disabilities residing in participating municipalities. We encourage your input and suggestions. Not sure which program to register for? Please call the TR office. We are here to help you recreate!**

## Refund/Household Credit Request

The Somerset County Park Commission will refund registration fees due to illness, injury, or other extenuating circumstances which makes participation in the program impossible, providing that prior to the start of the program notification is given to the TR Department. Refunds will be prorated in accordance with the number of sessions/classes attended and/or supplies/tickets already purchased. Furthermore, if we find the program requirements are not commensurate with the abilities of the registrant, a refund for the program will be given. A household credit for other reasons may be granted if the program has not yet begun and another program registrant enrolls. No refunds/ credits for absences.

## Canceled Programs

A minimum number of participants is required for each program. A program may be canceled if this number is not reached. A program reimbursement or credit will be issued. If a program is canceled because of unforeseen circumstances, you will be contacted as soon as possible, and a program credit or refund will be issued.

## Closed Programs

If a program closes because we have reached maximum enrollment, your name will be put on a waiting list and you will be contacted if space becomes available.

## Behavior

Participants who are physically or verbally abusive to themselves or others will be suspended from the program and participation in future programs will be limited.

## Inclement Weather

If at all possible, TR staff will call your home if a program is canceled due to inclement weather. For further information, you may call the TR office for a recorded message.

## Medication/Personal Needs

TR staff cannot administer medication. Participants must be able to meet their own personal needs and administer their own medication.

## Groups

No more than two individuals from any one group residence may register for an activity that has limited slots available.

## Other Policies

For safety reasons, no smoking will be permitted during TR sponsored activities. Alcohol consumption is forbidden during programs. Registration is not transferable. No participant substitutions will be allowed.

## POLICIES

### Annual Information Form/Release & Waiver Form

In an effort to maintain current personal information, each participant must complete an annual information form and return to the TR office. Each January we will ask for an updated form. If you have new information (such as a new doctor or a change in medication) or have a change in medical status, we ask you notify us immediately. Additionally, a current Release, Waiver and Participation Agreement Form must be on file.

### Financial Assistance

Through the Somerset County Park Foundation, a scholarship/ financial aid fund has been created for individuals who cannot pay the entire amount for a program. Contact the TR Department to find out more information regarding this procedure and requirements. Minimum contribution will be required.

### Payment Policy

All program fees are due when registration is submitted. If necessary, please discuss a possible payment schedule with the TR office. Failure to pay these fees can result in suspension from programs. The participant and/or guardian is responsible for paying the entire program fee regardless of the participant's attendance. A fee may be charged for all returned checks.

## REGISTRATION POLICY

Registration will be accepted beginning on the date specified below. Registration is accepted in the following ways:

- **Registration is now online and will open on Monday, September 9 at 6:00pm**
- **Two slots will be reserved for individuals with no ability to use a computer to register online. You may phone in at 6:00pm for those first come first serve slots. 908-526-5650.**
- **You may register for 6 programs and 2 special.**
- Phone-in/fax registration will begin **Tuesday, September 10** at 9:00am. **No email registration accepted.**
- Registrations received prior to the specified date & time will not be accepted.
- The fax machine is in a public area. It is highly recommended that you fax only during office hours.

*Please visit our website to review our policies and procedures as well as information regarding the TR registration process.*

## PICK-UP /DROP-OFF

This symbol is displayed by those programs listed for which a vehicle is available. All participants receiving rides from the TR Department to programs must abide by TR policies. The pick-up times will be established one week before the start of each program. In order to maintain this schedule, all riders are expected to be at their "pick-up" site at the time designated. The TR staff can wait at that location no more than 5 minutes after the time specified. Families/guardians are to be at the site at the time specified for "drop-off". Failure to abide by these terms more than twice per season, or misbehavior on the vehicle, will result in loss of this privilege.



**The TR staff reserves the right to change or cancel pick-up/drop-off points listed for each program depending on the number of individuals requesting rides to programs from that point. Notification will be made prior to the start of the program. Pick-up/drop-off is available on a first come, first served basis.**

**\*\*No pick-up/drop-off is available within 5 miles of a program site. \*\***

The TR Department does not provide home pick-up/drop-off.

**AVAILABILITY ON THE VEHICLES IS LIMITED AND WILL BE GRANTED ON A FIRST COME FIRST SERVE BASIS.**

*If you have any questions about these policies, or if you cannot attend the day's program or event, please call the TR office at 908-526-5650.*

**Location:** All programs are held at North Branch Park, TR Activity Center, 355 Milltown Road, Bridgewater, unless otherwise noted.



This symbol displayed next to programs indicates that pick-up/drop-off **MAY** be available from the locations listed below.

- A. Dewy Meadow Village Mall  
403 King George Rd, Basking Ridge
- B. Nelsons Corner Shopping Center  
Rte. 206 & Amwell Rd, Hillsborough

## Pick-up/Drop-off Policy

This policy applies to all programs offered by the department. Participants will be given one (1) warning per calendar year and allowed one (1) offense per year.

- A. Individuals dropped off early and picked up late at program location for special programs and trips will be assessed a penalty of \$10.00 per 15 minutes after a 15 minute grace period.
- B. Individuals who are dropped off directly at a program site may be dropped off no more than 5 minutes before the start of the program. Individuals dropped off early will be assessed a penalty fee of \$10.00 per 15 minutes. Individuals picked up late at a program site will be assessed the same penalty as stated in A.
- C. After the first offense, individuals will be charged a higher rate.
- D. Abuse of the policy will result in suspension from the program.

## Different Person Pick-Up

If someone other than the parent/guardian or group home staff will be picking up a participant at the conclusion of the program advance written notification **MUST** be given to the TR staff.

# ADULT PROGRAMS, AGES 15 AND OLDER



## SOCIAL CLUB 91151



It's Friday night and you will have a blast participating in a variety of fun and exciting activities. This will be a great way to socialize and make new friends. Each session there will be a different activity that will range from dancing to games. Don't miss the great opportunity to have fun.

**Date:** Fridays, September 20;  
November 22

**Time:** 7:00 – 8:30pm

**Fee:** \$30.00



## MONDAY MOVERS 911512



Start the season off by moving in the right direction. We will use different fitness equipment to keep our bodies strong and moving.

**Date:** Mondays, September 30;  
October 7

**Time:** 7:00 – 8:30pm

**Fee:** \$38.00



## ART EXPLORATION 91153



In this new and unique hands-on art program, we will meet and learn creative techniques from guest artists that you will apply to your own creations.

**Date:** Tuesdays, September 24;  
October 22; November 26;  
December 17

**Time:** 7:00 – 8:30pm

**Fee:** \$60.00



## HEALTHY SNACKS 91154



Snacking doesn't always need to be junk food. Come try something new that won't pack on the pounds while creating something tasty.

**Date:** Wednesdays, September 25;  
October 2, 9

**Time:** 7:00 – 8:30pm

**Fee:** \$60.00



## DINNER WITH FRIENDS 91155

Come join us for a night of casual dining and good conversation with friends. Please bring at least **\$35** to cover the cost of your meal, dessert (if time) and tax. Additional information will be emailed after registration. You may only sign up for one session.

**Session I:** Thursday, September 26

**Session II:** Thursday, October 3

**Time:** 6:30 – 8:30pm

**Fee:** \$20.00

## MOVIE NIGHT 91156



As the lights go down the big screen will light up. Have a light snack and enjoy a Friday with friends while watching a movie.

**Session I:** Friday, September 27

**Session II:** Friday, November 1

**Time:** 7:00 – 9:30pm

**Fee:** \$30.00



## CANDLE MAKING 91157



Candles are a great way to bring both light and scent into your home. We will learn the fascinating history of candles and use a variety of materials that will allow you to add a unique touch.

**Date:** Tuesdays, October 1, 8, 15

**Time:** 7:00 – 8:30pm

**Fee:** \$60.00



## TABLETOP GAMES 91158



Get ready to challenge your minds as we take on the classic games that are old and new. This evening will be spent with friends while we will enjoy some friendly competition.

**Date:** Thursdays, October 10, 17

**Time:** 7:00 – 8:30pm

**Fee:** \$30.00

## BOO BASH 91159



Put on your dancing shoes and break out those Halloween costumes. We will dance the night away to the DJ while having some delicious spooky treats.

**Date:** Friday, October 18

**Time:** 7:00 – 9:00pm

**Fee:** \$35.00



## ADULT PROGRAMS, AGES 15 AND OLDER

### FALL DIY 91160



Get creative this fall season while creating your own masterpiece. Pick from different fabrics and materials to create your very own project.

**Date:** Mondays, October 21, 28

**Time:** 7:00 – 8:30pm

**Fee:** \$50.00

### HAPPY HOUR 91161



Socializing with friends is always something everyone enjoys. Learn to make some mocktails and talk about your day.

**Date:** Wednesdays, October 23, 30

**Time:** 7:00 – 8:30pm

**Fee:** \$30.00



### PEANUT AUCTION 91162

#### NO ACTUAL PEANUTS!!!!



Tricky tray fun! Join us for a knee slapping auction with lots of laughs and prizes. This auction requires no money, just winning lots of fun prizes and of course a light snack will be offered.

**Date:** Thursday, October 24

**Time:** 7:00 – 8:30pm

**Fee:** \$30.00



### HALLOWEEN PUTT PUTT 91163

Calling all ghouls, goblins, and witches. Spend the evening playing putt putt golf, going on a hayride, and having a howling good time. A light snack will be included. Costumes are optional. Please bring \$5.00 for your golf fee.

**Date:** Friday, October 25

**Location:** Colonial Park, Parking Lot  
156 Mettlers Road;  
Franklin Township

**Time:** 6:30 – 8:00pm

**Fee:** \$10.00



### TR GIVES BACK 91164



Come one come all and bring your creative juices with you. This is a parent and participant program so bring someone with you for this volunteer opportunity. We are making decorations to hang on a holiday tree at the Festival of Trees held at the Environmental Education Center to represent our department. At the end of the evening, we will have a special thank you treat!

**Date:** Tuesday, October 29

**Time:** 7:00 – 8:30pm

**Fee:** FREE

### PIZZA & KARAOKE 91165



Dust off your vocal cords and belt out a tune. We will have a pizza dinner and enjoy the hit songs our friends sing this evening.

**Date:** Monday, November 4

**Time:** 7:00 – 8:30pm

**Fee:** \$30.00



### CRAFTS GALORE 91166



The holidays are fast approaching, and this is your opportunity to make festive items using a variety of materials to decorate your home or to give as gifts and to friends.

**Date:** Tuesdays, November 5, 12, 19

**Time:** 7:00 – 8:30pm

**Fee:** \$60.00

### SHIMMY & SHAKE 91167



Keep that body moving as the weather starts to change. Challenge yourself and break a sweat while working out with friends.

**Date:** Wednesdays, November 6, 13, 20

**Time:** 7:00 – 8:30pm

**Fee:** \$45.00

### KITCHEN SLEUTHS 91168



Using prepackaged mixed ingredients, you will learn how to cut corners and make mouthwatering treats to sample and share with your friends. No previous cooking experience is necessary.

**Date:** Thursdays, November 14, 21

**Time:** 7:00 – 8:30pm

**Fee:** \$45.00



## ADULT PROGRAMS, AGES 15 AND OLDER

### CRAZY CARD GAMES 91169



Who doesn't love a good game of uno? This evening is all about card games. Come learn some new ones while playing your favorites.

**Date:** Mondays, November 18, 25

**Time:** 7:00 – 8:30pm

**Fee:** \$30.00



### BEAT THE CLOCK 91170



Can you beat the clock? This program is all about the challenge of games. A variety of games will be played to see who the final winner can be.

**Date:** Mondays, December 2, 9, 16

**Time:** 7:00 – 8:30pm

**Fee:** \$50.00



### FLORAL FUN 91171



Flowers and evergreens make the holidays special. Using natural seasonal materials, you will make unique and textual creations to decorate your home or give as a gift.

**Date:** Tuesdays, December 3, 10

**Time:** 7:00 – 8:30pm

**Fee:** \$65.00



### BUM BUSTERS 91172



Fight away those winter blues before they even start. When you're tired find that inner strength in this jam-packed fitness program.

**Date:** Wednesdays, December 4, 11, 18

**Time:** 7:00 – 8:30pm

**Fee:** \$45.00



### COOKIE CELEBRATIONS 91173



It just isn't the holidays without a platter of delicious cookies. You'll be the hit of the season when you take home a variety of holiday treats to share with family and friends.

**Date:** Thursdays, December 5, 12, 19

**Time:** 7:00 – 8:30pm

**Fee:** \$60.00



## ADULT PROGRAMS, AGES 18 AND OLDER

# Specials

### CLUE 91174

Join us on a trip to the Music Mountain Theater and bring your detective skills with you! Clue is the comedy whodunit that will leave you in stitches as they try to figure WHO did it, WHERE, and WHAT! Based on the movie, which was inspired by the classic Hasbro board game, Clue is a hilarious farce-meets-murder mystery. The tale begins at a remote mansion, where six mysterious guests assemble for an unusual dinner party where murder and blackmail are on the menu.

**Date:** Saturday, October 12

**Location:** Music Mountain Theater

1483 NJ-179, Lambertville, NJ

**Time:** Departs TR Activity Center promptly 1:30 and return approximately 5:30pm

**Fee:** \$50.00



### FRIENDSGIVING 91175

This is the time of year to gather with friends around the table and enjoy good food and company. We will make a holiday craft and enjoy a wonderful Thanksgiving Feast with all the fixings!

**Date:** Saturday, November 16

**Time:** 11:00am – 2:00pm

**Fee:** \$50.00



### MEDIEVAL TIMES 91176

You asked and we made it happen! A fan favorite trip is returning this fall! Having dinner out while enjoying a show is what the evening is all about. Cheer on your favorite knight and see if they take home the victory!


**Date:** Friday, December 20

**Location:** 149 Polito Ave, Lyndhurst, NJ 07071

**Time:** Departs TR Activity Center 5:15pm and returns approximately 10:00pm

**Fee:** \$80.00



SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Holiday	3	4	5	6	7
8	9 Registra- tion	10	11	12	13	14
15	16	17	18	19	20 Social Club	21
22	23	24 Art Explora- tion	25 Healthy Snacks	26 Dinner With Friends I	27 Movie Night	28
29	30 Monday Movers					

SUN	MON	TUE	WED	THU	FRI	SAT
					1 Movie Night	2
3	4 Pizza & Karaoke	5 Crafts Galore	6 Shimmy & Shake	7	8	9
10	11 Holiday	12 Crafts Galore	13 Shimmy & Shake	14 Kitchen Sleuths	15	16 Friends- giving
17	18 Crazy Card Games	19 Crafts Galore	20 Shimmy & Shake	21 Kitchen Sleuths	22 Social Club	23
24	25 Crazy Card Games	26 Art Explora- tion	27	28 Holiday	29 Holiday	30

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Candle Making	2 Healthy Snacks	3 Dinner With Friends II	4	5
6	7 Monday Movers	8 Candle Making	9 Healthy Snacks	10 Table Top Games	11	12 Clue
13	14 HOLIDAY	15 Candle Making	16	17 Table Top Games	18 Boo Bash	19
20	21 Fall DIY	22 Art Explora- tion	23 Happy Hour	24 Peanut Auction	25 Hallow- een Putt	26
27	28 Fall DIY	29 TR Gives Back	30 Happy Hour	31		

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Beat The Clock	3 Floral Fun	4 Bum Busters	5 Cookie Celebra- tion	6	7 Pictures with Santa
8	9 Beat The Clock	10 Floral Fun	11 Bum Busters	12 Cookie Celebra- tion	13	14
15	16 Beat The Clock	17 Art Explora- tion	18 Bum Busters	19 Cookie Celebra- tion	20 Medieval Times	21
22	23	24 Holiday	25 Holiday	26	27	28
29	30	31	